



I want to live and not just survive...



João, 44, has always been a happy guy, always willing to help everyone. After a few years of being overweight, he went from being overweight to obese, which affected both his self-esteem and his he...



Campaign active from

20/05/2025 to 30/06/2025 - 18:00

<https://ppl.pt/en/causas/joao>



Support now.

It's fast and easy. Follow these three simple steps.



STEP 1

Specify the contribution value and click Contribute or click on the desired reward. You can specify any integer amount from 1€.



STEP 2

Fill in your identification (name and email) and click Next. You can leave a public and private message, and make your contribution anonymous.



STEP 3

Review your pledge, select the payment method and click Submit. For international payments we recommend PayPal. Thank you!