



# "Hug Yourself" Planner



The "Hug Yourself" Planner promotes, based on mindfulness and educational coaching, children's happiness! Filled with surprises and amazing illustrations, this diary also has space for children to ...



Campaign active from

**25/08/2021 to 14/10/2021 - 18:00**

<https://ppl.pt/en/causas/edupa>



## Support now.

It's fast and easy. Follow these three simple steps.



### STEP 1

Specify the contribution value and click Contribute or click on the desired reward. You can specify any integer amount from 1€.



### STEP 2

Fill in your identification (name and email) and click Next. You can leave a public and private message, and make your contribution anonymous.



### STEP 3

Review your pledge, select the payment method and click Submit. For international payments we recommend PayPal. Thank you!