



4th Edition of "Supera-te" : The Summer Camp that strengthens you!



In the "Supera-te" Program, we aim to help children and young people develop self-esteem and self-confidence, social relationship skills, and the ability to manage and express emotions.



Campaign active from

05/11/2025 to 02/01/2026 - 18:00

<https://ppl.pt/en/causas/Supera-te25>



Support now.

It's fast and easy. Follow these three simple steps.



STEP 1

Specify the contribution value and click Contribute or click on the desired reward.
You can specify any integer amount from 1€.



STEP 2

Fill in your identification (name and email) and click Next.
You can leave a public and private message, and make your contribution anonymous.



STEP 3

Review your pledge, select the payment method and click Submit. For international payments we recommend PayPal. Thank you!