



Som.nhos that Transform Lives



The Som.nhos Laboratory is a project that transforms lives through music, arts, and media. It works with young people at risk of social exclusion, those with special needs, and those in integration...



Campaign active from

06/05/2026 to 18/06/2026 - 18:00

<https://ppl.pt/en/Som.nhos>



Support now.

It's fast and easy. Follow these three simple steps.



STEP 1

Specify the contribution value and click Contribute or click on the desired reward. You can specify any integer amount from 1€.



STEP 2

Fill in your identification (name and email) and click Next. You can leave a public and private message, and make your contribution anonymous.



STEP 3

Review your pledge, select the payment method and click Submit. For international payments we recommend PayPal. Thank you!