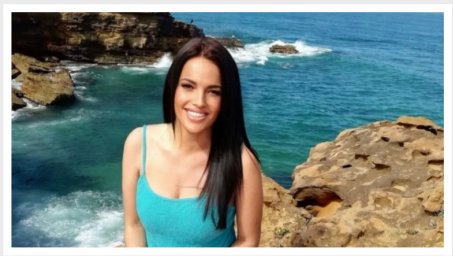
Perimenopause Handbook: The Missing Book



A book and a national tour about perimenopause. Perimenopause can begin at age 35. And almost no one has explained to us what it is. This project was born because I couldn't find the book I nee...

Campaign active from
14/10/2026 to 11/12/2026 - 18:00

https://ppl.pt/en/Perimenopausa

PPL

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Specify the contribution value and click Contribute or click on the desired reward.
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STEP 2

Fill in your identification (name and email) and click Next.
You can leave a public and private message, and make your contribution anonymous.



STEP 3

Review your pledge, select the payment method and click Submit. For international payments we recommend PayPal.
Thank you!